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Simplify your UPSC Journey

### UPSC CSE

### APPROACHING THE EXAM IN 3 PHASES





**The Problem of UPSC preparation** Why is it so hard?

Hard questions

For you to answer.

#### **Pre-requisites**

Skills required to stand a chance to clear CSE.

#### **Integrated Approach**

And associated problems.

**The WAY** The journey you must undertake.

**Consistency** How to build and maintain.

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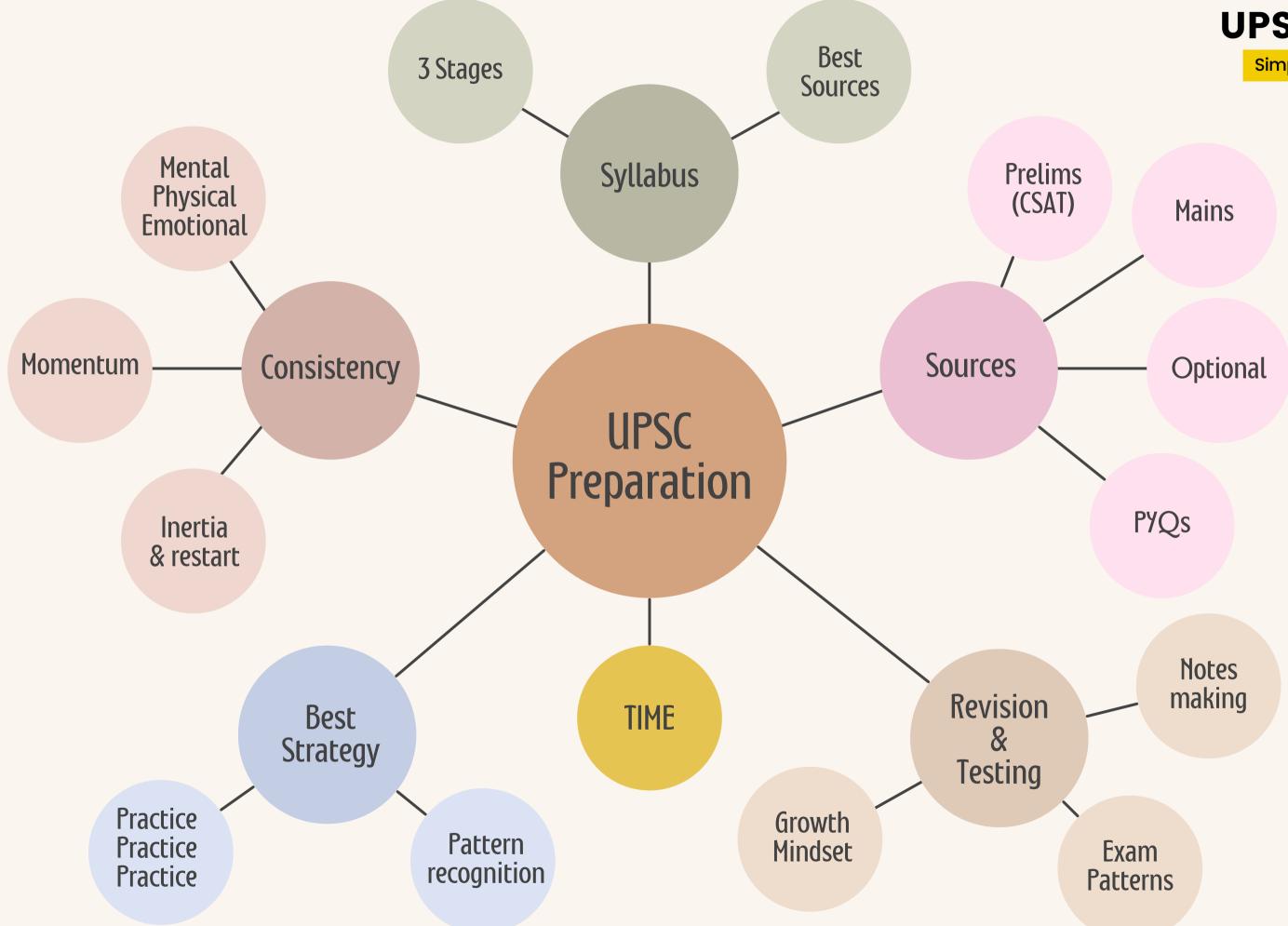


# The Problem

WITH UPSC CIVIL SERVICES EXAM PREP

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### Why CSE?

Specific actions taken to realize Why.

What = The Result What do you do? The result of Why. Proof

Why? How? What?



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### Why = The Purpose What is your cause? What do you believe?

### How = The Process

### READ?

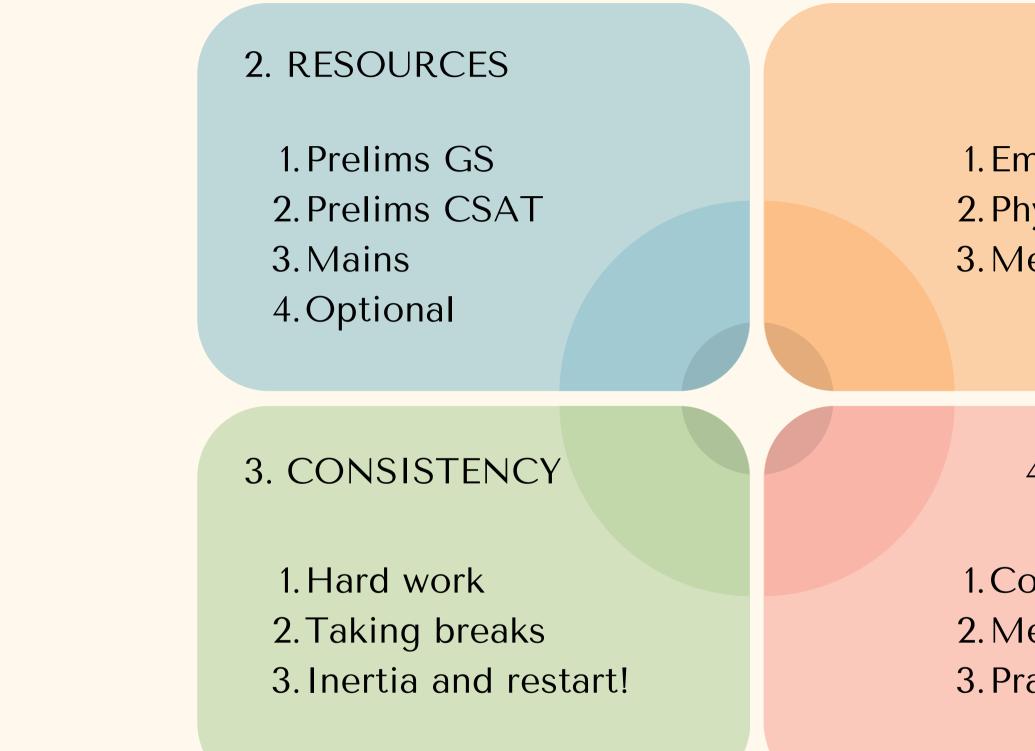
### THE OFFICIAL NOTIFICATION

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# Pre-requisites

### THE UNDERLYING FACTORS FOR SUCCESS

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### 1. HEALTH

Emotional
 Physical
 Mental

### 4. GUIDANCE

Courses
 Mentorship
 Practice

# Coaching?

### DO YOU NEED TO GO TO DELHI?

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# Integrated Study

AND THE PROBLEMS WITH IT!

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#### Remember

You read, you remember. Ex: Dr. Ambedkar is the father of the Indian Constitution.

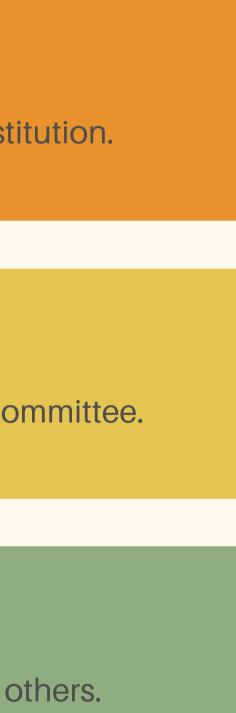
### Understand

You gain the meaning behind the fact. Ex: Dr. Ambedkar was the head of the Drafting Committee.

### Apply

Let's use the concept in a different setting. Ex: Dr. Ambedkar was drafting, so there must be others.

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#### Analyse

Break the concept into parts, recombine as needed. Ex: Dr. Ambedkar was chosen as the head to ensure constitution was inclusive.

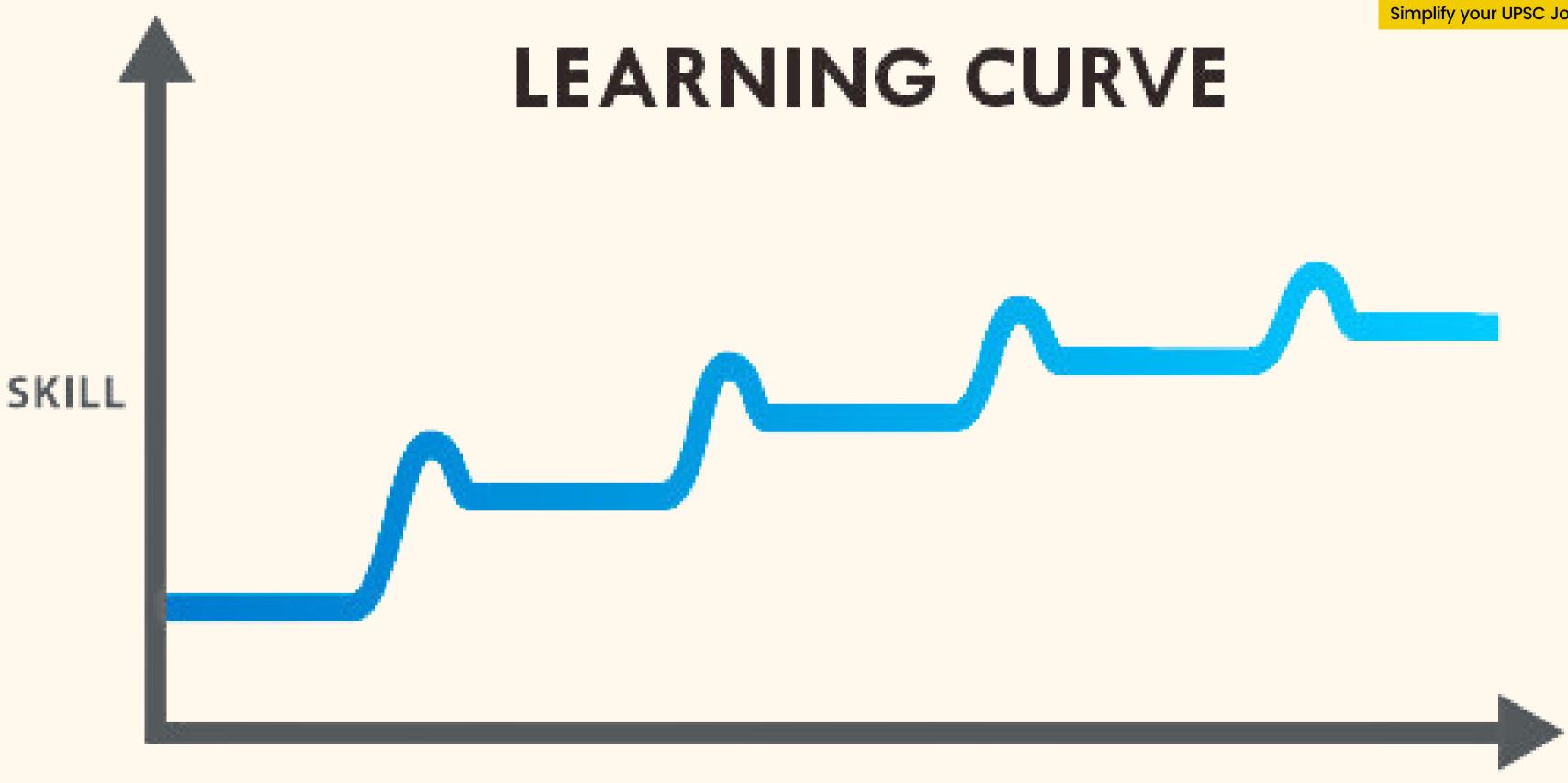
#### **Evaluate**

Make value judgements, based on the facts. Ex: Does the Indian constitution safeguard the rights it promises?

#### **Synthesise**

Generate new knowledge. NOT NEEDED FOR EXAM. Ex: Proposing new amendments to the constitution.

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# The WAY

### **3 PHASES TO SIMPLIFY YOUR UPSC JOURNEY**

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### **3 Phases Overview**

### Foundation

Absolute fundamentals only.

Ex: what are the different forms of government?

### **Basics**

Syllabus from a Prelims point of view with focus on MCQ type questions.

Ex: What are the provisions for secularism in the constitution?

You also need to assess where YOU are STARTING.

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### **Advance**

Focus on advance skills needed for Mains - answer writing, essays.

Ex: What can France learn from India's idea of secularism?

#### Foundation

Build up the foundation for your UPSC journey.

#### **GS Basics**

Cover the Prelims portion of all subjects.

### **GS Advance**

Practice Answer writing with advance value addition classes

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### DPQs

Practice Active recall with daily practice questions

### COURSES.upscprep.com

### Mentorship

UNLIMITED mentor calls to address ALL your doubts

### **Test Series**

Prelims
 Mains
 CSAT

### **Live Lectures**

With access to recordings for **3 years**.

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# Foundation

### SETTING THE STAGE FOR SUCCESS

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### PHASE 1

The aim here is to **UNDERSTAND the EXAM**. This phase should be used to familiarise yourself with the GS subjects, choose an optional, and learn the basic skills needed for CSE - like writing.

NCERTs are a great place to start. Try the **questions at the end of each chapter**.

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# **NEGATIVE LIST**1. Make notes 2. Rush through books 3. Give mock tests

### Basics

### UNDERSTANDING GS CONCEPTS

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### PHASE 2

Familiarised with the exam, phase 2 should take into account **PYQs** and **exam trends**.

Start doing:
1. Cover GS from the reference books.
2. Collect resources for your Optional prep.
3. Basic answer writing practice.

4. Mock tests.

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### **NEGATIVE LIST**

 Make current affairs notes.
 Making detailed notes for GS.



### BASELINE TEST & STRATEGY

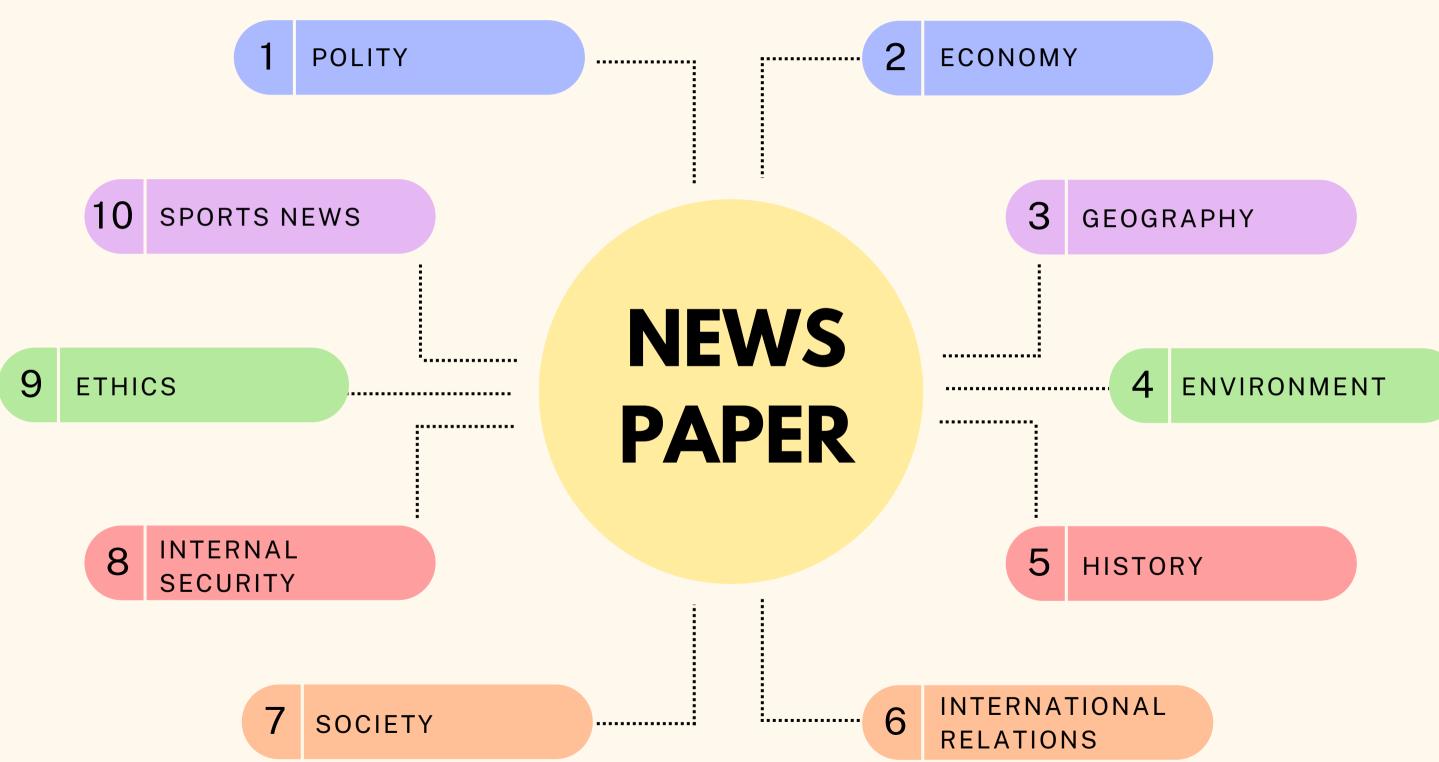
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### Current Affairs

READ THE NEWSPAPER FOR 3 MONTHS!

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### **IDENTIFY SECTIONS**





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### Advance

### APPLYING YOUR KNOWLEDGE

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### PHASE 3

Consolidation of preparation phase.

You apply the final touches to appear for the exam. For this you will need:
1. Cover Mains GS subjects
2. GS Notes - as per syllabus
3. Optional notes (at least 50%)
4. Answer writing practice

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### **NEGATIVE LIST**

1.100 Prelims mock tests
2.1 will practice optional later
3.1 will make notes later

### Making Notes

ORGANISING INFORMATION

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### **Principles for NOTE MAKING**

### **Organisation**

Notes should be organised as per topics of the syllabus.

NOT as per: Book Month

### What to NOTE?

Note making serves various purposes.

Mains - analysis. CA - facts. Tests - mistakes.

You gain more from the PROCESS of note making than from the notes.

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### Review

Once made, you must keep reviewing and reducing your notes.

It's a constant process.

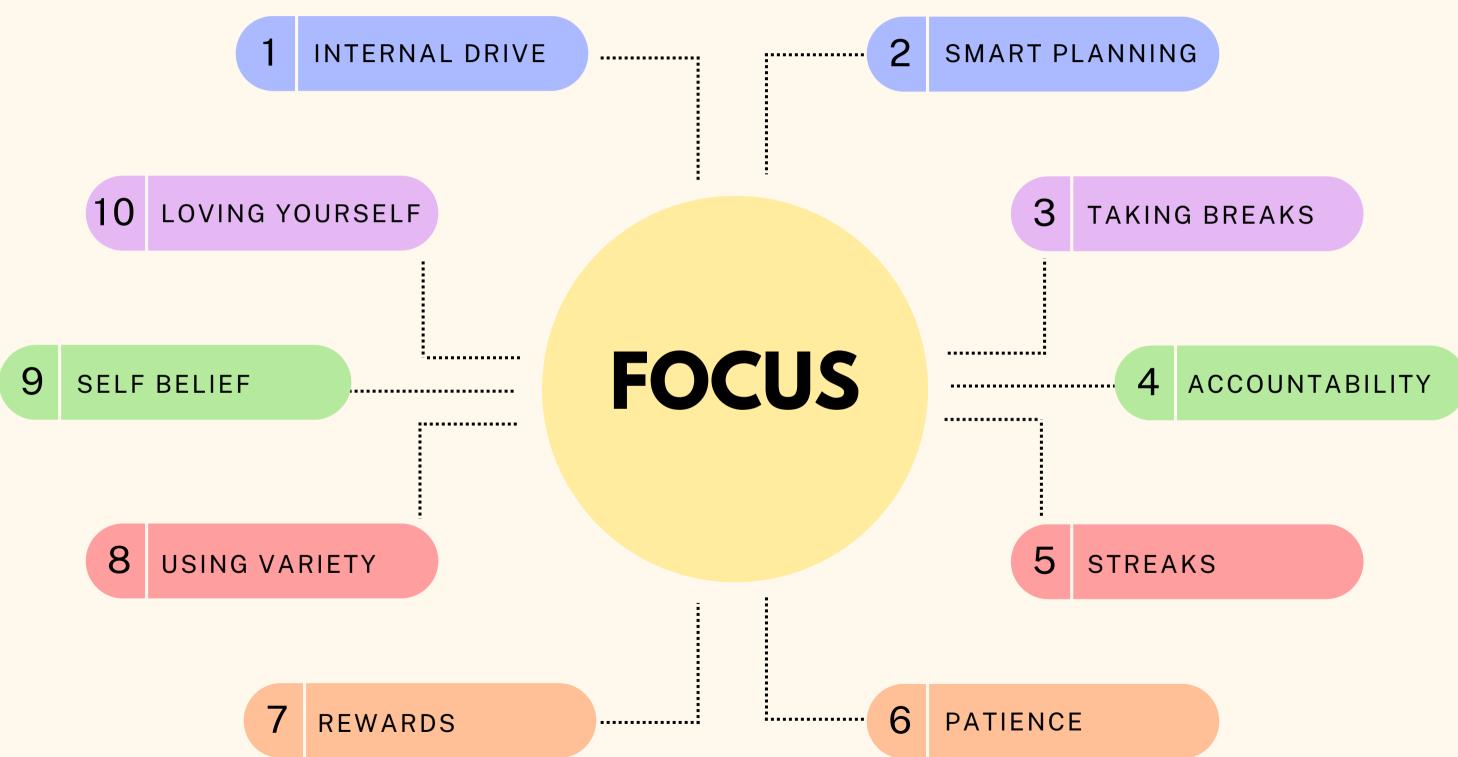
# Consistency

### HOW TO BUILD & MAINTAIN

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### **CONSISTENCY**



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#### Foundation

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